

Charlene's Angels Newsletter March 2025

Month in Review When the weather cooperated, we headed outdoors for some fun adventures. Our groups had a fantastic day at the Indianapolis Zoo. We also enjoyed a delicious outdoor lunch, making the experience even more memorable! They also had a blast at Otte Family Fun, playing rounds of miniature golf. Since our clients love being outside, we took them to parks. We visited Douglas Macarthur Elementary to celebrate Disability Awareness Month. Our Cup of Grace crew stayed busy in the kitchen, whipping up delicious treats—thank you to everyone who came out to support them! Daily exercise is a priority here. Three days a week, our clients enjoy Zumba, while on other days, they stay active in the classroom or gym with guided exercise videos. Music class remains a crowd favorite, bringing so much joy through singing and dancing. We were thrilled when Gramps came for a visit! We make regular trips to the Mount Pleasant Community Life Center, where our clients play basketball and volleyball, use the exercise machines, and walk the indoor trail. Safety is always important to us, and in March, our clients participated in the statewide tornado drill. They reviewed where to go and what to do in that situation. Be sure to visit our Facebook page for more photos and to keep up with everything we've been doing!

Please text us to report client absences, such as doctor appointments or vacations, or if your client will be coming in or leaving early. Two weeks' notice of vacations is mandatory so we can plan staff accordingly. Thank you!

Alana Swain 317-455-5568 Mary Cox 317-777-4028 Charlene Guthrie 317-431-1484

Hours of Operation

Monday – Friday 7:30 am – 4:15 pm Saturday – Closed Sunday – Closed

We will be closed April 18th through 21st for our Easter Holiday

Angels of the Month

See our website to learn more about them!



Albert C.



Alex F.



Marcus K.

Download the free Team app to stay up to date for the days of our breaks. Look for Charlene's Angels and sign your client up.

<https://www.teamapp.com>

Please make sure your client has extra clothes here in case of an emergency.

Thank you so much to Southland Community Church for making it possible for Charlene's Angels to have a home. If you are looking for a new Church, stop by and see them.

Office Hours Monday-Friday 8-4

Worship Times: Sunday 9 AM and 11 AM

Office Number: 317-883-8988



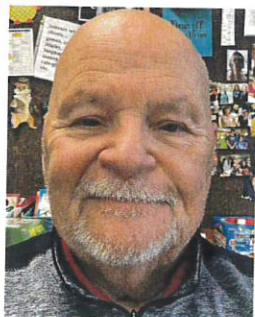
Playing a round of miniature golf



Exploring the Indianapolis Zoo

~ Staff Spotlight ~

Mark P.



Direct Support Staff

- Mark has been at Charlene's Angels since 2019
- He loves his Diet Coke drink from McDonald's.
- The favorite part of his job is being with the clients.
- In his free time, Mark enjoys singing with his band, coaching baseball, and spending time with his family.