Charlene's Angels *October 2026*

Newsletter



A Burst of Fall Color : October Highlights

October swept in with vibrant color, busy schedules, and plenty of fun as our group embraced the fall season with enthusiasm. The month was filled with exciting activities, including bowling at Hi-Way Lanes, exercising and shooting hoops at the Mount Pleasant Community Life Center, enjoying delicious meals at Culver's and Brozinni's, and playing miniature golf at Otte Family Fun Park. It was the perfect combination of staying active, enjoying time together, and welcoming the cooler weather. Zumba and Chair Yoga continued to help participants build flexibility, coordination, and overall fitness. Throughout the month, clients also worked on important daily living skills while out in the community, including making purchases, reading labels, and practicing independence. We remained focused on supporting individual goals, whether they were daily, weekly, or monthly objectives. Chuck E. Cheese and Dave & Buster's continued to be favorite destinations, providing opportunities for games, laughter, and social connections. Another October highlight was our trip to the Indianapolis Zoo for Zoo Boo, where clients enjoyed festive fall activities while exploring animal habitats and exhibits throughout the zoo. One particularly sweet highlight was joining the preschoolers at TLZ for their annual candy parade. Our group enjoyed passing out treats and cheering on the excited children as they made their way through the festivities. We spent a beautiful day at Bud and Kim King's property, where clients enjoyed fishing, nature walks, a scavenger hunt, volleyball, and cornhole. To top off an already memorable month, we traveled to the University of Indianapolis to attend Seussical the Musical, which was a fantastic performance and a wonderful experience for everyone who attended. As we look ahead to November, we carry forward the joy, progress, and connections built throughout October. Here's to another month of growth, adventure, and plenty of smiles!

The November Activity Calendar is up on our website https://charsangels.org/news-3/	**We will be closed Monday, November 23rd and return November 30th for Thanksgiving Break.**
Need help renewing your Access Pass? Contact Alana. She will be happy to assist you.	**If your client borrowed any shirts or pants from us, please send them back at your earliest convenience. Thank you!"**





~What We Have Been Up To~





~Reminders~

Our annual survey will be distributed next month. Please take a few moments to share your feedback and let us know where we can improve.	Support Charlene's Angels with Kroger Community Rewards. Learn more here: https://www.kroger.com/i/community/community-rewards

Hours of Operation

Monday – Friday 7:30 am – 4 pm Saturday – Closed Sunday – Closed

If your client will be absent due to appointments, vacations, or arriving/leaving early, please text us. Early notice helps us plan staffing effectively and ensure smooth operations for everyone. Thank you!

Charlene Guthrie 317-431-1484 Mary Cox 317-777-4028 Alana Swain 317-445-5568

~ In Their Words~

This month's question: What's your favorite Thanksgiving side dish?

"Mashed potatoes & gravy" ~Melaina E.	My mom's green beans" ~Ben S.	" Mashed potato Casserole" ~Angela Z.